



SAC Football & Cheer

SAC Certification Instructions and Outline of Forms

FORMS & MATERIALS REQUIRED FOR PLAYER BOOKS:

Required Forms for Binder (All are to be current year!)

- Copy of Organization Insurance Policy
- Official Coach's Roster
- Add/Drop Roster
- Certified Player Roster (See instructions below for proper listing order)
- Current Season Official Player Card
- Previous year's Player Card (PC) unless they are first year players
- Birth Certificate for ALL players both football and cheer for all levels
- Report Card for football only - must include name of school, name of student, assigned grade
 - CHEER MIDGET PLAYERS - Report Card is required
- Medical clearance dated after April 15, of the current year. **Each form should list the signing physician's address and telephone number and have the doctor's office stamp on it, handwritten is not acceptable.**
- Signed Player Code of Conduct
- Signed Parent Code of Conduct

ORDER OF HOW DOCUMENTS ARE TO BE PLACED IN BINDER

NOTE: All documents are to be secured to the outside of a sheet protector with paperclips until all certification signatures and stamps have been completed!

ORGANIZATION INSURANCE POLICY

A copy of the current season insurance certificate should be in the front of each certified book.

COACH'S/WEIGHMASTER ROSTERS

One copy is required at certification, forms are to be typed or printed. Complete the appropriate boxes, and list last name, first name, address, city, phone number, and email address if available.

ADD/DROP ROSTER

This form is used to add or drop a player/cheerleader and must be certified at Jamboree even if there is no one listed on the Add/Drop roster. You should have one copy.

- The player/cheerleader must be added or dropped by completing the form as follows: last name, first name, address, city, phone number,

PLAYER ROSTER

The roster should not have any empty spaces. *Do Not Skip Lines.* Player/Cheerleaders information must be filled out as follows:

- Last name, First Name (Example: Smith, Timothy–Tim would be acceptable but nicknames other than a shortened version of the birth name are not.)
- Address Section - need street name and city.

- Telephone Number - please include the area code - Example: (916) 555-1212
- Certifying Officer Signature - to be completed once all players have been certified (not including weight certification for football) by the association that is certifying your books at pre- certification.
- **Football Only** – Players are listed in the following order with each section in alphabetical order:
 - X-men
 - Flyweights
 - Exceptions
 - All remaining players
- **Cheerleaders Only** - Players are listed in alphabetical order.

PLAYER CARD (PC)

- All certification player cards are on white card stock unless otherwise noted below:

FOOTBALL ONLY: Each team will be in the following order:

- Jr. Pee Wee: X-men (blue), Flyweights (green), and Exceptions (yellow), Red Shirts (marked with a red “R” in the upper right corner), Grey Shirts (marked with a black “G” in the upper right corner)
- Pee Wee: X-men (blue), Flyweights (green), and Exceptions (yellow), Red Shirts (marked with a red “R” in the upper right corner), Grey Shirts (marked with a black “G” in the upper right corner)
- Jr. Midgets: X-men (blue), Flyweights (green), and Exceptions (yellow), Red Shirts (marked with a red “R” in the upper right corner), Grey Shirts (marked with a black “G” in the upper right corner)
- Midgets : X-men (blue), and Exceptions (yellow), Red Shirts (marked with a red “R” in the upper right corner), Grey Shirts (marked with a black “G” in the upper right corner)
- All information on the card must be completed.
- **DIVISION/GRADE/WEIGHT AGE must be checked and highlighted in yellow. (Example A)**
- The name of the player must be the same as listed on the Player Roster
- **Birth Date and Age need to be highlighted in yellow. (Example B)**
- A current 2” by 2” (250 x 167 pixels) photo of the participant must be clearly displayed in the upper right hand corner of the Player card in the “Game Day Certification” box. No staples or taping it on. **Photo must be full face, head and shoulders. No hats, scarves, skull hats, sunglasses or headband can be worn in the photo. (Example C)**
- **Association Presidents are required to sign all player cards before certification can be completed. (Example D)**
 - The following documents must be attached behind the Player Card with a paperclip to a sheet protector:
 - Last year’s player card If they played last year **(Example #1)**
 - Birth certificate for all first year players AND all Midget players (Both Cheer & Football) **(Example #2)**
 - Grade Verification - Football only (Cheer - required for all Midget athletes) **(Example #3)**
 - Medical Clearance **(Example #4)**
 - Player Code of Conduct **(Example #5)**
 - Parent Code of Conduct **(Example #6)**

DO NOT COMPLETE ANYTHING BELOW PRESIDENT'S SIGNATURE LINE UNTIL BOOK CERTIFICATION

BOOK CERTIFICATION

MATERIALS TO BRING TO BOOK CERTIFICATION:

- Your leagues books for football and cheer
- Coach's Binder
- Your league's Certification Stamps
- Post-it Notes
- Paper clips
- Pens

WHAT TO REVIEW AND VERIFY:

- Current and valid copy of Organization Insurance Policy
- Official Coach's Roster
 - Verify that the document is completed in its entirety, draw a line through the entire page, sign and date the form in the lower right corner under "Certifying Officer" and stamp the page with your Official League stamp.
- Add/Drop Roster
 - Verify that the document is completed in its entirety, draw a line through the entire page, sign and date the form in the lower right corner under "Certifying Officer" and stamp the page with your Official League stamp.
- Certified Player Roster (Listed in the correct order of X-Men, Flyweights, Exceptions, Red Shirts, and Grey Shirts)
 - As you review and verify each Player Card and their documentation, you will be verifying that they are listed appropriately on the Certified Player Roster. You can place a small dot next to each player once you have verified that their Player Card and documentation is correct.
 - Once all Player Cards and documentation has been verified, you will draw a line through the entire page, sign and date the form in the lower right corner under "Certifying Officer" and stamp the Roster.
- Current Season Official Player Card completed as follows:
 - **DIVISION/AGE/WEIGHT must be checked and highlighted in yellow. (Example A)**
 - The name of the player must be the same as listed on the Player Roster
 - **Birth Date and Age need to be highlighted in yellow. (Example B)**
 - A current 2" by 2" (250 x 167 pixels) photo of the participant must be clearly displayed in the upper right hand corner of the Player card in the "Game Day Certification" box. No staples or taping it on. ***Photo must be full face, head and shoulders. No hats, scarves, skull hats, sunglasses or headband can be worn in the photo. (Example C)***
 - **Association Presidents are required to sign all player cards before certification can be completed. (Example D)**
- Previous year's Player Card (PC) or Birth Certificate if this is their first year
 - Verify that the information on the birth certificate matches the information on the Player Card
 - ALL MIDGET PLAYERS - both football & cheer - Birth Certificate is required
- Report Card - must include name of school, name of student, assigned grade
 - ALL MIDGET PLAYERS - both football & cheer - Report Card is required
- Medical clearance dated after April 15, 2023 **Each form should list the signing physician's**

address and telephone number and have the doctor's office stamp on it, handwritten is not acceptable.

- Signed Player Code of Conduct
- Signed Parent Code of Conduct
- Once you have verified that the card and all documentation is acceptable, you will sign the card below the "Certification Information" box on the line marked "Certified By" and date it. **(Example E)**
 - You will then stamp the current year Player Card with your organization's official stamp in the box marked "Certification Information" **(Example F)**
- **NOTE:** Player cards for Football are to be in the following order:
 - Jr. Pee Wee: X-men (blue), Flyweights (green), and Exceptions (yellow), Red Shirts (marked with a red "R" in the upper right corner), Grey Shirts (marked with a black "G" in the upper right corner)
 - Pee Wee: X-men (blue), Flyweights (green), and Exceptions (yellow), Red Shirts (marked with a red "R" in the upper right corner), Grey Shirts (marked with a black "G" in the upper right corner)
 - Jr. Midgets: X-men (blue), Flyweights (green), and Exceptions (yellow), Red Shirts (marked with a red "R" in the upper right corner), Grey Shirts (marked with a black "G" in the upper right corner)
 - Midgets : X-men (blue), and Exceptions (yellow), Red Shirts (marked with a red "R" in the upper right corner), Grey Shirts (marked with a black "G" in the upper right corner)
- Once **ALL** the Player Cards are verified, you can certify the player roster. Draw a diagonal line from the top left through to the last participant and place certification stamp in the center along with your initials.

Final certification of all player cards will be completed at Jamboree, but no later than the 4th week of the season. Any player not certified by this game will be ineligible for play.

- At Jamboree, a Weighmaster from an opposing team will certify the player's weight, sign and date the card, and place their organization's official stamp in the upper right hand corner - **DO NOT STAMP OVER PICTURE! (Example G)**
- This player is now "Certified"; From this point forward at every game, the Weighmaster from the opposing team will verify the player's picture, full name, grade and/or date of birth, and initial the player card on the appropriate week.



2023 SAC FOOTBALL PLAYER CARD

DIVISION	GRADE	WEIGHT	
Jr. Pee Wee	3 - 4	Up to 110	<input type="checkbox"/>
Jr. Pee Wee X-Man	3 - 4	Unlimited	<input type="checkbox"/>
Jr. Pee Wee Flyweight (3)*	5	65	<input type="checkbox"/>
Pee Wee	5 - 6	Up to 130	<input type="checkbox"/>
Pee Wee X-Man	5 - 6	Unlimited	<input type="checkbox"/>
PW Flyweight (3)	7	75	<input type="checkbox"/>
Jr. Midget	7	up to 150	<input type="checkbox"/>
Jr. Midget X-Man	7	Unlimited	<input type="checkbox"/>
JM Flyweight (3)	8	95	<input type="checkbox"/>
Midget	8	Up to 175	<input checked="" type="checkbox"/>
Midget X-Man	8	Unlimited	<input type="checkbox"/>

*Must be a first year player.

IDENTIFICATION CARD

Association: Del Oro Jr Golden Eagles

Name:

Birth Date: 12/21/2009 Age as of 8/1 13

Grade as of 8/1: 8th

Address

City: Zip

Phone #:

School:

Parent:

Emergency:

Relationship:

Emergency Phone #:

President's: *Louis B. Herrera*

CERTIFICATION INFORMATION
 (Precertification) All information contained on this card is certified accurate. All documents have been inspected and meet all requirements to play youth football. (WT) Participant has been weighed; picture confirmation inspected and meets all requirements to play youth football.

Certified By: _____

Date: _____

Weight: _____ Date: _____

Weight Master: _____



C

GAME DAY CERTIFICATION

Enter weight under W and initial the WM column if the player makes weight. If the player is overweight enter weight under W and BOTH weight masters must initial. Please allow for a 3 pound variance when weighing in players.

Game WK	JP	FLY JP	PW	FLY PW	JM	FLY JM	M	Weight	W	M
1	110	65	130	75	150	95	175			
2	111	66	131	76	151	96	176			
3	112	67	132	77	152	97	177			
4	113	68	133	78	153	98	178			
5	114	69	134	79	154	99	179			
6	115	70	135	80	155	100	180			
7	116	71	136	81	156	101	181			
8	117	72	137	82	157	102	182			
9	118	73	138	83	158	103	183			
10	119	74	139	84	159	104	184			
11	120	75	140	85	160	105	185			
12	121	76	141	86	161	106	186			

X-Man Weight Chart

WK	JP X	PW X	JM X	M X	Weight	WM
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

#1



2022 SAC FOOTBALL PLAYER CARD

DIVISION	GRADE	WEIGHT	
Jr. Pee Wee	3 - 4	Up to 110	<input type="checkbox"/>
Jr. Pee Wee X-Man	3 - 4	Unlimited	<input type="checkbox"/>
Jr. Pee Wee Flyweight (3)*	5	65	<input type="checkbox"/>
Pee Wee	5 - 6	Up to 130	<input type="checkbox"/>
Pee Wee X-Man	5 - 6	Unlimited	<input type="checkbox"/>
PW Flyweight (3)	7	75	<input type="checkbox"/>
Jr. Midget	7	up to 150	<input checked="" type="checkbox"/>
Jr. Midget X-Man	7	Unlimited	<input type="checkbox"/>
JM Flyweight (3)	8	95	<input type="checkbox"/>
Midget	8	Up to 175	<input type="checkbox"/>
Midget X-Man	8	Unlimited	<input type="checkbox"/>

*Must be a first year player.

IDENTIFICATION CARD

Association: Del Oro Jr Golden Eagles

Name:

Birth Date: 12/21/2009 Age as of 8/1: 12

Grade as of 8/1: 7th

Address: _____ ine

City: _____ Zip

Phone #:

School:

Parent:

Emergency:

Relationship:

Emergency

Phone #:

President's:

Louis [Signature]

CERTIFICATION INFORMATION
 (Precertification) All information contained on this card is certified accurate. All documents have been inspected and meet all requirements to play youth football. (WT) Participant has been weighed; picture confirmation inspected and meets all requirements to play youth football.

Certified

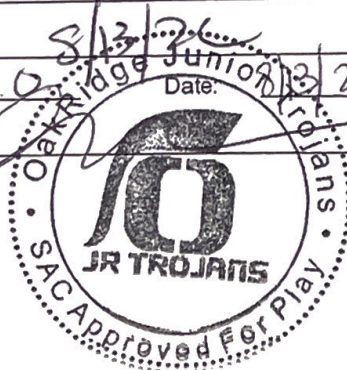
By: *[Signature]*


Date: 8/13/22

Weight: 123.0

Weight

Master:





GAME DAY CERTIFICATION

Enter weight under W and initial the WM column if the player makes weight. If the player is overweight enter weight under W and BOTH weight masters must initial. Please allow for a 3 pound variance when weighing in players.

Game WK	JP	FLY JP	PW	FLY PW	JM	FLY JM	M	Weight	WM
1	110	65	130	75	150	95	175		
2	111	66	131	76	151	96	176		
3	112	67	132	77	152	97	177		
4	113	68	133	78	153	98	178		
5	114	69	134	79	154	99	179	MG	
6	115	70	135	80	155	100	180		
7	116	71	136	81	156	101	181		
8	117	72	137	82	157	102	182		
9	118	73	138	83	158	103	183		
10	119	74	139	84	159	104	184		
11	120	75	140	85	160	105	185		
12	121	76	141	86	161	106	186		

X-Man Weight Chart

WK	JP X	PW X	JM X	M X	Weight	WM
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

COUNTY OF PLACER
 Auburn, California 95603

#2

CERTIFICATE OF LIVE BIRTH
 STATE OF CALIFORNIA
 USE BLACK INK ONLY

1200931007854

STATE FILE NUMBER

LOCAL REGISTRATION NUMBER

THIS CHILD	1A. NAME OF CHILD - FIRST		1B. MIDDLE		1C. LAST	
	2. SEX MALE	3A. THIS BIRTH, SINGLE, TWIN, ETC. SINGLE		3B. IF MULTIPLE, THIS CHILD 1ST, 2ND, ETC.		4A. DATE OF BIRTH - MM/DD/CCYY
PLACE OF BIRTH	5A. PLACE OF BIRTH - NAME OF HOSPITAL OR FACILITY KAISER FOUNDATION HOSP-ROSEVILLE			5B. STREET ADDRESS - STREET AND NUMBER OR LOCATION 1640 EUREKA RD		
	5C. CITY ROSEVILLE			5D. COUNTY PLACER		
FATHER PARENT	6A. NAME OF FATHER/PARENT - FIRST		6B. MIDDLE	6C. LAST		7. BIRTH PLACE - STATE/COUNTRY CA
MOTHER PARENT	8A. NAME OF MOTHER/PARENT - FIRST		8B. MIDDLE	8C. LAST - BIRTH NAME		10. BIRTH PLACE - STATE/COUNTRY OR
INFORMANT AND BIRTH CERTIFICATION	I CERTIFY THAT I HAVE REVIEWED THE STATED INFORMATION AND THAT IT IS TRUE AND CORRECT TO THE BEST OF MY KNOWLEDGE.		12A. PARENT OR OTHER INFORMANT - SIGNATURE <i>Conie McCamp</i>		12B. RELATIONSHIP TO CHILD MOTHER	
	I CERTIFY THAT THE CHILD WAS BORN ALIVE AT THE DATE, HOUR, AND PLACE STATED.		13A. ATTENDANT/CERTIFIER - SIGNATURE AND DEGREE OR TITLE <i>Richard J. Burton, M.D.</i>		12C. DATE SIGNED - MM/DD/CCYY 12/22/2009	
	13B. LICENSE NUMBER A63449				13C. DATE SIGNED - MM/DD/CCYY 12/22/2009	
	13D. TYPED NAME, TITLE AND MAILING ADDRESS OF ATTENDANT STEVEN KATSUYAMA, MD, 1600 EUREKA RD, ROSEVILLE				14. TYPED NAME AND TITLE OF CERTIFIER IF OTHER THAN ATTENDANT BRIAN H PARK, PNS	
LOCAL REGISTRAR	15A. DATE OF DEATH - MM/DD/CCYY		15B. STATE FILE NO. - STATE USE ONLY		16. LOCAL REGISTRAR - SIGNATURE RICHARD J. BURTON, M.D.	
					17. DATE ACCEPTED FOR REGISTRATION - MM/DD/CCYY 12/23/2009	



000300901*

CERTIFIED COPY OF VITAL RECORDS
 STATE OF CALIFORNIA, COUNTY OF PLACER

This is a true and exact reproduction of the document officially registered and placed on file in the office of the Placer County Health and Human Services Department.

DATE ISSUED **01/12/2010**
 This copy is not valid unless prepared on an engraved border displaying the date, seal and signature of Registrar.

Richard J. Burton
 Richard J. Burton, M.D.
 HEALTH OFFICER AND LOCAL REGISTRAR



Loomis Union School District

REPORT TO PARENTS - SEVENTH GRADE

#3

Student:
Teacher: Atcheson
Stu #: 6105
Birthdate:

School: Franklin Elementary School
Principal: Meghan Jinguji
08/18/2022 - 01/13/2023

Year: 2022-2023
Grade: 7

EXPLANATION OF MARKS

Achievement	Learner Behavior	Progress Towards Standards
A Excellent	O Outstanding	3 Student is meeting grade level expectations
B Above Average	S Satisfactory	2 Student is nearly meeting grade level expectations
C Average	N Needs Improvement	1 Student is not meeting grade level expectations
D Below Average	NA Not Applicable	NA Not Applicable
F Fail		
NA Not Applicable		

	Reporting Period	1	2
ENGLISH LANGUAGE ARTS AND LITERACY	D		

READING STANDARDS			
Reads and comprehends grade level literature independently and proficiently.	2		
Reads and comprehends grade level informational text independently and proficiently.	1		
Summarizes most important details, analyzes central ideas, and provides evidence to support claims.	1		
Determines meaning of words and how they enhance the meaning of the text.	1		
Examines similarities and differences in techniques used when reading, viewing, or listening to the same text, and different genres of the same topic.	2		

WRITING STANDARDS			
Drafts, edits, and publishes coherent pieces of writing in a variety of genres utilizing technology.	2		
Gathers relevant information from multiple sources to support analysis, reflection, and research.	2		

SPEAKING & LISTENING STANDARDS			
Prepares for and participates effectively in a range of collaborative discussions with diverse partners.	NA		
Plans and delivers a variety of well organized presentations that include digital media/visual displays.	1		

LANGUAGE STANDARDS			
Properly uses correct grammar, usage, and conventions while writing and speaking.	1		
Applies knowledge of language to achieve specific effects using precise language when reading, writing, and speaking.	1		
Determines the meaning of unknown words in a variety of ways, shows understanding of figurative language, and uses general and academic vocabulary.	1		

	Reporting Period	1	2
MATHEMATICS	C		

STANDARDS FOR MATHEMATICAL PRACTICES			
Makes sense of problems and perseveres in solving them.	2		
Reasons abstractly and quantitatively.	2		
Constructs viable arguments and critiques the reasoning of others.	2		
Models with mathematics.	2		
Uses appropriate tools strategically.	2		
Attends to precision.	2		
Looks for and makes use of structure.	2		
Looks for and expresses regularity in repeated reasoning.	2		
RATIOS AND PROPORTIONAL RELATIONSHIPS			
Recognize, represent and compute proportional relationships between quantities. (i.e.: $d=rt$, unit rate, and equivalencies)	2		
Uses proportional relationships to analyze and solve real-world multiple step situations (i.e.: simple interest, percent of change)			
THE NUMBER SYSTEM			
Applies and extends previous understandings of all operations (add, subtract, multiply, and divide) including fractions and rational numbers.	2		
Analyze and solve real-world and mathematical problems involving the four operations.	2		
EXPRESSIONS AND EQUATIONS			
Adds, subtracts, and factors algebraic expressions to generate equivalent expressions, including distributive property.	2		
Solves real-life and mathematical problems using numerical and algebraic expressions, equations and inequalities.			
GEOMETRY			
Draws, constructs, and describes geometrical figures and describes the relationships between them using area, perimeter and angle measure.			
Solves real-life and mathematical problems involving surface area and volume.			
STATISTICS AND PROBABILITY			
Investigates, develops, uses, and evaluates probability models based on likelihood and compound events.	2		
Uses random sampling and informal comparisons to draw inferences about sets of data.			

#4



Sierra Athletic Conference (SAC) Football & Cheer
2023 Medical Clearance Form

MEDICAL CLEARANCE EXAMINATION
Must be completed after April 15, 2023

Participant's Name: _____
Participants Weight: 125
Participants Age: 13

The sports examination does, on this date, based upon my observations, meet the requirements for the above named child to participate in the following: This examination must be done April 15, 2023 or later to be accepted.

Tackle Football: Yes No Cheerleader: Yes No Asthma: Yes No

Any known allergies or limitations: Amoxicillin No limitations
REMARKS: _____

Dr. Signature: [Signature] Erin Shaw, MD
Date: 05/03/23 685 Twelve Bridges Dr. Ste. B
Lincoln, CA 95648
(916) 408-5915
(916) 408-5411

A clinic or doctor's stamp or sticker must be in the space below and include the name, address, and phone number.

Handwritten information is not acceptable.

Erin Shaw, MD
685 Twelve Bridges Dr. Ste. B
Lincoln, CA 95648
(916) 408-5915
(916) 408-5411



#5

Sierra Athletic Conference (SAC) Athlete Code of Conduct - 2023

DOJGE

SAC Organization's Name

midget

Division

FB

Cheer/Football

Name

Athlete Printed Name

Athlete Commitments

AS AN ATHLETE, I hereby pledge, as a participant in the Sierra Athletic Conference, to follow the SAC Athlete Code of Conduct:

1. I commit, as a representative of my team, organization, and league, to be responsible for my words and actions, no matter what the circumstances, both on and off the field or competition.
2. I commit to maintaining good citizenship throughout the season and understand fighting, misconduct, vulgar or derogatory language, cursing, or disrespect in any way can lead to being dismissed from my organization and the SAC league.
3. I commit, as a student athlete, to maintain the academic standards of my school and organization.
4. I commit to arriving to practices and games prepared, on-time, and ready to give 100%.
5. I commit to treating my coaches, instructors, teammates, board members, officials, and any adult authority figures with respect.
6. I commit to following the rules of my sport and respecting the decisions of the coaches, officials, referees, and judges.
7. I commit to not use drugs, tobacco, or alcohol and understand that doing so could result in the dismissal of my position on my team. This includes the use of any electronic cigarettes also known as e-cigs, vapes, or vaporizers).
8. I commit to treating other athletes, coaches, fans, and officials with respect regardless of race, national origin, sex, sexual orientation, creed or ability.
9. I commit to positive encouragement of my fellow athletes and peers and understand any rude or disrespectful behavior on social media or through electronic or printed communications, including the use of foul language or inappropriate gestures toward anyone, will not be tolerated.
10. I commit that I will not engage in acts of bullying, use insensitive speech, or participate in any hazing activities.

Signed

Athlete Signature

6-15-23

Date



#6



Sierra Athletic Conference (SAC) Parent Code of Conduct - 2023

DOUG E
SAC Organization's Name

Midgets
Division

FB
Cheer/Football

Name
Athlete Printed Name

Name
Parent/Guardian Printed Name

Parent and Family Commitments

AS A PARENT AND/OR GUARDIAN, I hereby pledge to provide positive support, care, and encouragement for my child and all athletes by following the Sierra Athletic Conference Code of Conduct outlined below.

1. I will encourage good sportsmanship by demonstrating positive support for all athletes, coaches, participants, and officials at every game, practice, or other organization or league event.
2. I will support and treat all officials, board members, volunteers, and coaches working with my child and all athletes in order to encourage a positive and enjoyable experience for all. I will commit to a 24 hours "cooling off" period before contacting my athlete's coach or a board member, if any issues of concern arise.
3. I will not use drugs, tobacco, or alcohol while at organization and league events, games, and practices and will help ensure a sports environment that is free from drugs, tobacco, and alcohol. This includes the use of any electronic cigarettes also known as e-cigs, vapes, or vaporizers).
4. I will not engage, or encourage my child or others to engage, in unsportsmanlike conduct with any coach, parent, athlete, participant, or official, including the use of verbal or physical threats or abuse.
5. I will refrain from cursing and the use of vulgar language at all events and in all communications with my child, the athletes, coaches, participants, and officials.
6. I will insist that my child and/or the athletes play in a safe and healthy environment and will not engage in any behavior that would endanger the health, safety, or well being of any coach, parent, athlete, participant, or official.
7. I will promote an environment of diversity and inclusion and ask my child and the athletes to treat other players, coaches, fans, and officials with respect regardless of race, national origin, sex, sexual orientation, creed or ability.
8. I will not engage, or encourage my child or others to engage, in acts of bullying, use of insensitive speech, or participation in any hazing activities.
9. I will not engage, or encourage my child or others to engage, in rude, disrespectful, or foul behaviors on social media or through electronic or printed communications toward any athlete, team, organization, official, or participant.
10. I will remember that the game is for youth participants and athletes - not the adults.
11. I will do my very best to make youth sports fun for my child and the athletes, recognizing that winning is a consideration, but not the only one, nor the most important one. Teaching my child and the athletes the importance of teamwork and discipline is first and foremost.
12. I will respect my child's coach and do my best to have my child at all practices, games, and events on time.
13. I will read the National Standards For Youth Sports, doing what I can to help all youth sports organizations implement and enforce them.

Signed
Parent/Guardian Signature

6.15.23
Date



2023 SAC FOOTBALL PLAYER CARD

DIVISION	GRADE	WEIGHT	
Jr. Pee Wee	3 - 4	Up to 110	<input type="checkbox"/>
Jr. Pee Wee X-Man	3 - 4	Unlimited	<input type="checkbox"/>
Jr. Pee Wee Flyweight (3)*	5	65	<input type="checkbox"/>
Pee Wee	5 - 6	Up to 130	<input type="checkbox"/>
Pee Wee X-Man	5 - 6	Unlimited	<input type="checkbox"/>
PW Flyweight (3)	7	75	<input type="checkbox"/>
Jr. Midget	7	up to 150	<input type="checkbox"/>
Jr. Midget X-Man	7	Unlimited	<input type="checkbox"/>
JM Flyweight (3)	8	95	<input type="checkbox"/>
Midget	8	Up to 175	<input checked="" type="checkbox"/>
Midget X-Man	8	Unlimited	<input type="checkbox"/>

*Must be a first year player.

IDENTIFICATION CARD

Association: Del Oro Jr Golden Eagles
 Name: _____
 Birth Date: 12/21/2009 Age as of 8/1: 13
 Grade as of 8/1: 8th
 Address: _____
 City: _____ Zip: _____
 Phone #: _____
 School: _____
 Parent: _____
 Emergency: _____
 Relationship: _____
 Emergency Phone #: _____
 President's: *Laura Borrero*

CERTIFICATION INFORMATION
 (Precertification) All information contained on this card is certified accurate. All documents have been inspected and meet all requirements to play youth football. If the participant has been weighed; picture confirmation inspected and meets all requirements to play youth football.

Certified By: *Your Name*
 Date: *date* Certified
 Weight: _____ Date: _____
 Weight Master: _____



GAME DAY CERTIFICATION
 Enter weight under W and initial the WM column if the player makes weight. If the player is overweight enter weight under W and BOTH weight masters must initial. Please allow for a 3 pound variance when weighing in players.

Game WK	JP	FLY JP	PW	FLY PW	JM	FLY JM	M	Weight	W M
1	110	65	130	75	150	95	175		
2	111	66	131	76	151	96	176		
3	112	67	132	77	152	97	177		
4	113	68	133	78	153	98	178		
5	114	69	134	79	154	99	179		
6	115	70	135	80	155	100	180		
7	116	71	136	81	156	101	181		
8	117	72	137	82	157	102	182		
9	118	73	138	83	158	103	183		
10	119	74	139	84	159	104	184		
11	120	75	140	85	160	105	185		
12	121	76	141	86	161	106	186		

X-Man Weight Chart

WK	JP X	PW X	JM X	M X	Weight	WM
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						



2023 SAC FOOTBALL PLAYER CARD



DIVISION	GRADE	WEIGHT	
Jr. Pee Wee	3 - 4	Up to 110	<input type="checkbox"/>
Jr. Pee Wee X-Man	3 - 4	Unlimited	<input type="checkbox"/>
Jr. Pee Wee Flyweight (3)*	5	65	<input type="checkbox"/>
Pee Wee	5 - 6	Up to 130	<input type="checkbox"/>
Pee Wee X-Man	5 - 6	Unlimited	<input type="checkbox"/>
PW Flyweight (3)	7	75	<input type="checkbox"/>
Jr. Midget	7	up to 150	<input type="checkbox"/>
Jr. Midget X-Man	7	Unlimited	<input type="checkbox"/>
JM Flyweight (3)	8	95	<input type="checkbox"/>
Midget	8	Up to 175	<input checked="" type="checkbox"/>
Midget X-Man	8	Unlimited	<input type="checkbox"/>


*Must be a first year player.

IDENTIFICATION CARD

Association: Del Oro Jr Golden Eagles
 Name: _____
 Birth Date: 12/21/2009 Age as of 8/1: 13
 Grade as of 8/1: 8th
 Address: _____
 City: _____ Zip: _____
 Phone #: _____
 School: _____
 Parent: _____
 Emergency: _____
 Relationship: _____
 Emergency Phone #: _____
 President's: *Lawrence*

CERTIFICATION INFORMATION
 (Precertification) All information contained on this card is certified accurate. All documents have been inspected and meet all requirements to play youth football. (WT) participant has been weighed; picture confirmation inspected and meets all requirements to play youth football.

Certified By: *Your Name*
 Date: *Date*
 Weight: *125* Date: *Date*
 Weight Master: *your signature*



Certified

GAME DAY CERTIFICATION
 Enter weight under W and initial the WM column if the player makes weight. If the player is overweight enter weight under W and BOTH weight masters must initial. Please allow for a 3 pound variance when weighing in players.

Game WK	JP	FLY JP	PW	FLY PW	JM	FLY JM	M	Weight	W M
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X-Man Weight Chart

WK	JP X	PW X	JM X	M X	Weight	WM
1						
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3						
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11						
12						

